



Tips for a Successful Teletherapy Session:

- Create a reminder for the date and time of the teletherapy visit
- Turn on your device and make sure it is working 15 minutes before the session is supposed to begin
- Plug the device in so there is enough power to last the entire therapy session
- Choose a room that is quiet and has few distractions
- Have a parent present if the child is younger than 8 years old
- Have an incentive ready for young children to work towards to reduce behavior difficulties during the session
- Have any materials (may be requested by the therapist) ready when the session begins

This alternative form of therapy is offered by your provider as a way to enhance continuity of care. We want your child to have success and continue to show progress. Teletherapy is a great way to establish good practice of therapy principles in the child's most familiar environment. Take this opportunity to learn different strategies you can use at home with your child to help increase his/her skills. It may not be perfect the first time but we will try to make it as seamless as possible for the therapist, the child and the parent.

Please remember that the therapist has taken extra time to set up the teletherapy visit. Be respectful of his/her time and call to cancel if you know you are not going to be able to log on to the teletherapy session. Rescheduling the session is available in most instances.